

## Performance Coaching for Graduates and Leaders



*Studies in the United Kingdom indicate that one third of the leaders in the FTSE 100 companies use an executive or performance coach. An hour of coaching frees up three to four hours to focus on the big picture and longer term issues. <sup>1</sup>*

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Are you searching for some way to help you focus on what's really important in your work and personal life?

Do you want your leadership to be meaningful to your team and yourself?

Are goal-setting, creativity, leadership and improving skills important to your business?

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PeopleTeamsLeaders Pty Ltd provide individual executive or performance coaching to meet the needs of leaders. Additionally, PeopleTeamsLeaders provide **FREE** coaching to a small number of graduates in the early years of their professional lives in both Sydney and Melbourne. The Principal of PeopleTeamsLeaders - Ric Leahy - is accredited as a level one Executive Coach by the Institute of Executive Coaching - Australia.

PeopleTeamsLeaders are a small business development company, that help organisations develop their leaders, managers and supervisors. Check out what else People Teams Leaders Pty Ltd have got going on at [www.peopleteamsleaders.com](http://www.peopleteamsleaders.com).

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A PeopleTeamsLeaders Pty Ltd's performance coaching program:

- \* Achieves **measurable increases in productivity** by enhancing the existing self-awareness, commitment and skills of the coaching counterpart.
- \* Provides a provocative journey of discovery for the coaching counterpart that is **based on adult learning models**.
- \* Provides a **challenging learning environment** that encourages the counterpart to "think big", and focus on their gifts and talents.

A number of organisations are already benefitting from executive and performance coaching. Contact us to find out how you or your organisation can benefit today.

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<sup>1</sup> *The Spectator*, 26 May 2007, p 32.